



**GIG
NHS**

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

Renal Social Worker Information Leaflet

**Renal and Diabetes Centre
Glan Clwyd Hospital
BODELLWYDDAN
LL18 5UJ**



Tel : 01745 534970

RENAL SOCIAL WORKER ROLE

The Renal Social Worker brings different skills to the renal team, which are complimentary to those offered by the 'medical model'.

Renal social workers work with patients before they come to dialysis, those on dialysis, those being managed conservatively, patients who have had a transplant and with those at the end of their life.

We can give advice and support on a range of personal, emotional and practical matters, working with patients and their families at home, in the hospital or the renal unit.

Some areas of work include:

- Assessment for help at home, meals, warden calls and telecare systems
- Referral for specialist equipment and adaptations from occupational therapists, to minimise risk of

accidents in the home, and ensure a person is safe

- Referral for Physiotherapy or District Nurse support
- Hospital discharge planning
- Help with finances and benefits
- Liaison and advocacy on behalf of patient/families
- Grants from charities
- Help with housing problems
- Holiday grants
- Carer's assessment and support
- Support for those who decide against dialysis treatment
- Support for those facing end of life and bereavement care

Living with kidney failure can present challenges and problems. The Renal Social Worker offers you and your family the opportunity to talk about these.

Should you wish to talk to a renal social worker contact us directly on **01745 445745**, or ask a member of the renal team to refer.

Jayne Davis
Renal Social Worker



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Taflen Wybodaeth

Gweithiwr Cymdeithasol Arennol

Uned Arennau a Diabetes
Ysbyty Glan Clwyd
BODELLWYDDAN
LL18 5UJ



Ffôn : 01745 534970

RÔL GWEITHIWR CYMDEITHASOL ARENOL

Mae Gweithiwr Cymdeithasol Arennol yn dod â sgiliau gwahanol i'r tîm arennau, sy'n ychwanegol at sgiliau'r 'model meddygol'.

Mae gweithwyr cymdeithasol arennol yn gweithio gyda chleifion cyn dialysis, rhai sydd ar ddialysis, rhai sy'n cael eu rheoli'n geidwadol, cleifion sydd wedi cael trawsblaniad a rhai sydd ar ddiwedd eu hoes.

Gallwn gynnig cyngor a chefnogaeth ar nifer o faterion personol, emosiynol ac ymarferol, gan weithio gyda chleifion a'u teuluoedd yn eu cartref, yn yr ysbyty neu yn yr uned arennau.

Mae'r gwaith yn cynnwys:

- Asesiadau am gymorth yn y cartref, prydau bwyd, galwadau wardeiniaid a systemau teleofal.
- Cyfeiriad at therapyddion galwedigaethol am offer ac addasiadau arbenigol i leihau risg o

ddamweiniau yn y cartref a sicrhau bod yr unigolyn yn ddiogel.

- Cyfeiriad am gefnogaeth ffisiotherapi neu Nyrs Ardal
- Cynllunio rhyddhau o ysbyty
- Help gydag arian a budd-daliadau
- Cyswllt ac eiriolaeth ar ran cleifion/teuluoedd
- Grantiau gan elusennau
- Help gyda phroblemau tai.
- Grantiau gwyliau
- Asesiad a chefnogaeth gofalwr
- Cefnogaeth i'r rhai fydd yn dewis peidio â chael triniaeth dialysis
- Cefnogaeth gofal diwedd oes a phrofedigaeth

Gall byw gyda methiant yr arennau gyflwyno heriau a phroblemau. Mae Gweithiwr Cymdeithasol Arennol yn gallu rhoi cyfle i chi a'ch teulu drafod hyn.

Os hoffech siarad â gweithiwr cymdeithasol arennol, ffoniwch ni'n uniongyrchol ar **01745 445745** neu gofynnwch i un o'r tîm arennau eich cyfeirio.

Jayne Davis
Gweithiwr Cymdeithasol Arennol